



Nutrition News

Child Care Food Program

*Building a Healthier
Generation*

February 2018



Our newest Family Child Care Home Providers!

Mildrey Bauta-Rodriguez
Diana Hernandez-Ortiz
Shambray Levy
Megan Lowe
Olga Rosado
Gretell Loly Sanchez
Vernice Tyler
Mayte Vazquez-Quintana

New Staff!

Eunice Acosta
Food Monitor

813-877-9303
Eunice.Acosta@lsfnet.org



BREASTFEEDING-FRIENDLY CENTERS



These wonderful Providers are the first Family Child Care Home Providers to receive the **Breastfeeding-Friendly Child Care Center** designation in Hillsborough County!

Marta Alfonso-Dominguez
Yudit Crespo
Luz Angela Avendano-Franco
Raiza Jacomino
Betty Nicolas Kouassi
Noraida Martinez
Damaris Ramirez-Rosales
Dayamit Perez
Maritza Santiesban-Vidal
Nesha Wilson
Danay Sebasco-Gonzalez
Eileen Mann Williams
Nereyda Villamar-Perez



If you are interested in learning about infant nutrition and becoming a breastfeeding-friendly center, attend the next training!

When: Saturday, Mar 24 at 9:00 - 10:00 a.m.

Where: LSF CCFP Office (3615 W Waters Avenue)

To Register: send an email to ccfp@lsfnet.org



Monthly claims and new Enrollment Forms should be submitted by the third (3rd) day of each month. Delays in submitting claims may result in a reimbursement delay. Meals for any child

with a missing or incomplete Enrollment Form will be disallowed and a Corrective Action Plan may be required.

THIRTY ON THURSDAYS

USDA's Team Nutrition offers monthly 30 minute webinars on various topics related to the Meal Pattern requirements.



The upcoming topics are:

Mar 15: Serving Meat and Meat Alternates at Breakfast
May 17: Methods for Healthy Cooking

To register, go to <https://www.fns.usda.gov/tn/cacfp-halftime-thirty-thursdays-training-webinar-series>

NATIONAL CACFP WEEK: MARCH 11-17

CACFP Week is a national education and information campaign to raise awareness of how the USDA Child and Adult Care Food Program brings healthy foods in centers, homes, and afterschool programs across the country.

Take the **Providers Challenge** and enter to win \$100 from the National CACFP Sponsors Association! Share completed challenges on social media using #CACFPWeek. Make sure to tag @NationalCACFP to enter. Each post equals one entry.

Visit www.cacfp.org/cacfpweek for more information.



SESAME STREET in Communities 

recipe *Big Bird's Happy Day Sunrise Smoothie*

ingredients

- 2 cups plain yogurt
- 2 cups pineapple juice
- 16 ounce bag frozen pineapple

directions

Add all ingredients to a blender, mix on high until smooth. Serve 1/2 cup per child immediately as a frosty smoothie or let sit for five minutes before serving.

  Snack Crediting: 8 Servings for ages 1-5
cacfp.org

JOIN US ON FACEBOOK!

Join our Facebook Group to receive announcements, up-to-date information, and resources you can use.

1. Visit the Lutheran Services Florida Facebook page at <https://www.facebook.com/Lutheranservicesflorida/>
2. Look for "Child Care Food Program" under "Groups"
3. Click on "Join".

Seven days / Seven challenges
Take the Providers

Challenge



Over a dozen challenges to choose from. Select one each day to Help spread the word that the **Child and Adult Care Food Program** serves over **4,000,000 children** with healthy meals and snacks.

Awareness is the key to fighting hunger together.



#CACFP Week
March 11-17, 2018

Contact information:
LSF Child Care Food Program
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