

Creditable Milks/Milk Substitutions in the Florida Child Care Food Program

Creditable Milks

The following milks may be served as part of a reimbursable meal with no extra documentation needed:

- Breastmilk
- Pasteurized Cow or Goat Milk
- Lactose-Free or Lactose-Reduced Milk
- UHT (Ultra High Temperature) Milk
- Acidified or Cultured Milk
- Organic Milk

Non-Creditable Non-Dairy Beverages

These do not meet the USDA nutrient requirements and are not creditable without a completed Medical Statement.

- Almond Milk
- Cashew Milk
- Coconut Milk
- Hemp Milk
- Oat Milk
- Rice Milk

Milk Substitutions:

Creditable Non-Dairy Beverages

What is a Creditable Non-Dairy Beverage?

Meets USDA nutrient standards for fluid milk substitutes and may be requested by either parent note or Dietary Preference Form.

Non-dairy beverages are not required to be low-fat or fat-free. When served to children 1-5 years old, they must be unflavored.

Nutrients (1 cup cow's milk)	Requirement per cup (8 fluid oz.)	% DV
Protein	8g	16%
Calcium	276mg	28%
Vitamin A	150mcg	10%
Vitamin D	2.5mcg	25%
Magnesium	24mg	6%
Phosphorus	222mg	23%
Potassium	349mg	10%
Riboflavin	.44mg	26%
Vitamin B-12	1.1mcg	19%

Creditable Non-Dairy Beverages Approved for Use in the CCFP

Find these on store shelves:
(shelf-stable)

For
Children
Ages 1-5
(Unflavored
Only)



Kikkoman Pearl
Organic Soymilk
Smart Original



Silk Original
Soymilk



Pacific Ultra
Soy Original



Ripple
Original Dairy
Free Milk



Sunrich
Naturals
Original
Soymilk



Kikkoman
Pearl Organic
Soymilk
Smart
Vanilla



Kikkoman
Pearl Organic
Soymilk Smart
Chocolate



Ripple
Vanilla
Dairy Free
Milk



Ripple
Chocolate
Dairy Free
Milk



Sunrich
Naturals
Soymilk
Vanilla



Silk
Soymilk
Very
Vanilla



Silk
Soymilk
Chocolate

Find these in the
refrigerated
section:



Silk
Original
Soymilk



Great
Value
Original
Soymilk



8th
Continent
Soymilk
Original



8th Continent
Soymilk
Vanilla